

# BLACKHEATH LTC

## ADULT CLINICS

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### TUESDAY

#### Sonic Serve

Work on the fundamentals of your serve, whether it's more power, consistency, adding spin - find it all here with our serve clinic

**25th Mar - £25**

**10:00am - 12:00pm**

#### Spin Showdown

Come to our spin clinic to work on all things spin! Working both on topspin and slice, we will go through the fundamentals and how to get the most out of them.

**1st Apr - £25**

**10:00am - 12:00pm**

### FRIDAY

#### Volley Lab

A chance to go through all aspect of the modern volley. Technique, positions and placement we will go through everything to sharpen your volleys

**28th Mar - £25**

**10:00am - 12:00pm**

#### Ballistic Backhands

Unleash the power of your backhand with this high energy clinic. We will give you the skills to develop a strong, reliable backhand giving you options to take your game to the next level.

**4th Apr - £25**

**10:00am - 12:00pm**

To confirm your place, please contact James at [james@charmantenniscoaching.com](mailto:james@charmantenniscoaching.com) with the date/ clinic you wish to attend. Spaces are limited and are filled on a first come - first served basis.

